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Session One

**Meeting Jesus –
the only one
who can save me.**



Danny's Story



Meeting Jesus



“Something Father said about how blessed we are really hit home. He told us to look at the cross and to know how much God loves each one of us.”



Scripture:

Mark
2:1-12

When Jesus
saw their faith,
he said
to the paralytic,
“Son, your sins are
forgiven.”





“This is
the joy of the gospel
– to discover the
gentle
and healing
mercy of Jesus
for me today.”





Questions to ponder

**What can we learn from Danny's story
and from the scripture reflection?**

**What are the things in life you struggle with
that might need the healing and forgiveness of Jesus today?**

**How might you, in the coming week, help to bring people to a
place where they might meet Jesus for themselves?**

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Meeting Jesus

From
**“The Joy of the
Gospel”**
by Pope Francis





On the lips of the catechist
the first proclamation
must ring out over and over:
“Jesus Christ loves you;
he gave his life to save you;
and now he is living at your side
every day to enlighten,
strengthen and free you”.

(164)



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“The Joy of the Gospel”

I invite all Christians, everywhere, at this very moment, to a renewed personal encounter with Jesus Christ, or at least an openness to letting him encounter them; I ask all of you to do this unfailingly each day.

No one should think that this invitation is not meant for him or her, since “no one is excluded from the joy brought by the Lord”. (3)



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“The Joy of the Gospel”

For if we have received the love which restores meaning to our lives, how can we fail to share that love with others? (8)





1. How did you feel when reflecting on Pope Francis' invitation to have a personal encounter with Jesus every day?

What is your response?

2. What opportunities are there already in your community for learning to pray and for growing in prayer?

What else would you like to see offered in your parish?

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Take a moment to pray

**Be still
and know
that you are
in the presence of God.**

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We ask God to bless the work of everyone who offers welcome and encouragement to those who come to our churches: those who come for a funeral, a wedding or a baptism, families involved in preparing for a First Holy Communion or Confirmation of a child, people who come back to Church after a long time away.

We pray for everyone who is broken and hurting and needs the love and mercy of Jesus.

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**Loving Lord Jesus,
may we be open
to meeting with you heart-to-heart each day.
May these encounters transform us
and lead us more deeply
into the mystery of your presence.
Through the power of your life-giving Holy
Spirit, may we radiate your presence so that
others may be drawn to the life of faith. Amen.**

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