

Pancake Day 2014 – Nun Interviewees



Sr Mary Philippa OC

Sister Mary Philippa has been a nun for nearly 50 years. Her monastery is in Stroud in the Cotswolds. With the other sisters she sings prayers in church six times a day. Pancake Day (Shrove Tuesday) is an important day for the sisters, as it's the last chance for tea-time treats before Lent starts. Sr Mary Philippa is adamant that she wouldn't eat anything else on pancakes apart from brown sugar, lemon and golden syrup.

Sr Mary Philippa is a Bernadine Cistercian who lives according to the Rule of St. Benedict. The sisters seek God as a community, in a spirit of prayer, simplicity and silence. <http://www.bernardine.org/>

Sr Cathy Jones r.a.

Sr Cathy grew up in Rotherham, South Yorkshire, and entered religious life at the age of 27. She's now living in a convent in central London. Sr Cathy learnt a love of cooking as a child from her grandmother and likes nothing better than having time to cook creatively for her community. Her favourite pancake topping is rich dark chocolate sauce, vanilla ice cream and blueberries.

Sr Cathy is a member of the Religious of the Assumption, an educational order, who seek to make Jesus Christ and his Church known and loved. <http://assumptionreligious.org/>



Sister Janet Fearn FMDM

Sr Janet, originally from Liverpool, has been a missionary sister for over 40 years and has worked in Nigeria, Australia, Zambia and Rome. She's a qualified teacher, nurse and midwife and founder of a radio station in Zambia. She's now based in Godalming in Surrey. When it's her turn to do the cooking in the convent, she likes to wrap a banana, covered with caramel sauce, in the microwave for a few seconds and then douse it with more caramel sauce and serve it with vanilla ice cream.

Sister Janet is a Franciscan Missionary of the Divine Motherhood, a small congregation whose work has always been associated with supporting family life, especially the most vulnerable. www.fmdm.co.uk

Sister Silvana Dallanegra Rscj

Sr Silvana grew up in Mitcham, South West London; her earliest memories include helping her Italian mum make risotto, gnocchi and delicious food with herbs and garlic, and cleaning the bowl after cake making. She entered religious life 20 years ago, and is currently living in a convent in Oxford where she works with students, blogs and runs the sisters' website and social media presence, and still finds time for cooking! Her favourite pancake is Nutella and ice cream.



Sr Silvana is a member of the Society of the Sacred Heart, an international religious congregation called to discover and reveal God's love for all, through a variety of different works. www.societysacredheart.org.uk

**Interview opportunities offered in partnership by the National Office for Vocation and the Bishops' Conference Home Mission Desk. To make a booking please call Clare Ward on 020 7 901 4818 or 0770 939 1998.
Email: clare.ward@cbcew.org.uk**