

Top Tips for Trouble-free Travel to World Youth Day 2013

Care with Belongings



- ✓ Be aware of **pick-pockets** and never leave your bag or belongings unattended while in public places or transport. Thieves operate both inside restaurants and hotels as well as outdoors. They are good at spotting tourists and know they will have valuables.
- ✓ **Keep your passport in a safe place.** You can carry a photocopy around with you, plus another photo identification (e.g. drivers license). This is widely accepted in Rio de Janeiro by authorities who deal with tourists.
- ✓ Only **use licensed taxis.** You can pick up a licensed taxi from the many recognised taxi ranks around the city.
- ✓ Be ready to hand over valuables if you're threatened. Don't attempt to resist attackers. They may be armed and under the influence of drugs.

Cash and Cards

- ✓ You need your passport for **exchanging money** at banks.
- ✓ Only carry around cash you will need for the day. Be careful of who is standing around you when using cash machines.
- ✓ Make sure you **inform your bank** before travelling if you intend to use your credit/debit card abroad.

Insurance & Healthcare



- ✓ Officially registered pilgrims have basic **travel insurance** included. We recommend that all visitors (including registered pilgrims) purchase their own comprehensive travel insurance.
- ✓ For the event in Guaratiba, where pilgrims will have to walk 13 kilometres, make sure you have comfortable clothing and shoes, a sleeping bag, and mosquito repellent.
- ✓ If you are registered with WYD, make sure you carry your **credentials** at all times. It will give you access to food, WYD activities and health insurance, among other things.

Whereabouts

- ✓ Ensure someone knows your daily travel plans and try to **travel in pairs or groups** if attending large events or at night.
- ✓ Ensure that your mobile phone is set up for making and receiving calls, and is always charged.
- ✓ Keep details of where you are staying handy.



Weather

- ✓ Temperatures in Rio de Janeiro in July are usually between 15°C and 26 °C. However they can go as low as 10 °C and as high as 35 °C.
- ✓ It is advisable to carry a bottle of water if outdoors for a long period of time.

Alcohol

- ✓ Alcohol plus sun can quickly lead to dehydration – take it easy. Also note that spirit portions are much larger in Brazil compared to the UK.
- ✓ Never accept drinks from strangers and do not leave your drink unattended at any time.

Key Contacts

- ✓ Keep this information to hand:



- Police (emergencies): 190
- Ambulance: 192
- Tourist Police (English-speaking operators): +55 21 2332 2924
- British Consulate: +55 21 2555 9600, www.gov.uk/world/brazil
- World Youth Day Pilgrim Information: www.rio2013.com/en/peregrinos