

SUNDAY LITURGY AT HOME

Easter Sunday of the Resurrection of the Lord

Alongside the Mass Christians down through the ages have gathered together to pray by singing hymns, psalms and canticles, listening to passages of Scripture, and offering prayers of intercession – we call this kind of prayer the 'Liturgy of the Hours,' or the 'Divine Office.' As we cannot gather for the Eucharist this Sunday lets embrace this ancient tradition and pray in our homes either as a family or by ourselves. If you are praying as a family one person leads, the others say the words in bold.

INTRODUCTORY RITES

Introduction

Ps 69:2

✠ O God, ✠ come to our aid
✠ O Lord, make haste to help us

Glory be to the Father, and to the Son:
and to the Holy Spirit;
As it was in the beginning, is now and ever shall be:
world without end. Amen. Alleluia!

Hymn

Unknown author circa 7th Century, trans. R. Campbell 1849

At the Lamb's high feast we sing,
Praise to our victorious king,
Who hath washed us in the tide
Flowing from his piercèd side;
Praise we Him, whose love divine
Gives His sacred blood for wine,
Gives His body for the feast,
Christ the victim, Christ the priest.

Where the Paschal blood is poured,
Death's dark angel sheathes his sword;
Israel's hosts triumphant go
Through the wave that drowns the foe.
Christ, our Paschal lamb, is slain,
Holy victim, without stain;
Death and hell defeated lie,
Heav'n unfolds its gates on high.

Mighty victim from the sky,
Hell's fierce powers beneath Thee lie;
Thou hast conquered in the fight,
Thou hast brought us life and light;
Now no more can death appall,
Now no more the grave enthrall;
Thou hast opened paradise,
And in Thee Thy saints shall rise.

Paschal triumph, Easter joy,
Only sin can this destroy;
From sin's death do Thou set free
Souls reborn, O Lord, in Thee.
Hymns of glory and of praise,
Father, to Thee we raise;
Risen Lord, all praise to Thee,
Ever with the Spirit be.

PSALMODY

A soul thirsting for God

Ps 62:2-9

Let the man who has put away the deeds of the night watch for God

Ant 1: Christ has risen; * he is the light of his people, whom he has redeemed with his blood, alleluia.

O God, you are my God, for you I long;
for you my soul is thirsting.
My body pines for you
like a dry, weary land without water.
So I gaze on you in the sanctuary
to see your strength and your glory.

**For your love is better than life,
my lips will speak your praise.
So I will bless you all my life,
in your name I will lift up my hands.
My soul shall be filled as with a banquet,
my mouth shall praise you with joy.**

On my bed I remember you.
On you I muse through the night
for you have been my help;
in the shadow of your wings I rejoice.
My soul clings to you;
your right hand holds me fast.

Glory be to the Father and to the Son
and to the Holy Spirit,
**as it was in the beginning,
is now, and ever shall be,
world without end. Amen.**

Ant 1: Christ has risen; he is the light of his people, whom he has redeemed with his blood, alleluia.

Praise our God, all you his servants (Apoc 19:5)

Ant 2: Christ our Redeemer, has risen from the tomb: * let us sing a hymn to the Lord, our God, alleluia.

O all you works of the Lord, O bless the Lord.
To him be highest glory and praise for ever.

**And you, angels of the Lord, O bless the Lord.
To him be highest glory and praise for ever.**

And you, the heavens of the Lord, O bless the Lord.

And you, clouds of the sky, O bless the Lord.
And you, all armies of the Lord, O bless the Lord.
To him be highest glory and praise for ever.

**And you, sun and moon, O bless the Lord.
And you, the stars of the heavens, O bless the Lord.**

**And you, showers and rain, O bless the Lord.
To him be highest glory and praise for ever.**

And you, all you breezes and winds, O bless the Lord.

And you, fire and heat, O bless the Lord.
And you, cold and heat, O bless the Lord.
To him be highest glory and praise for ever.

**And you, showers and dew, O bless the Lord.
And you, frosts and cold, O bless the Lord.
And you, frost and snow, O bless the Lord.
To him be highest glory and praise for ever.**

And you, night-time and day, O bless the Lord.
And you, darkness and light, O bless the Lord.
And you, lightning and clouds, O bless the Lord.
To him be highest glory and praise for ever.

**O let the earth bless the Lord.
To him be highest glory and praise for ever.**

And you, mountains and hills, O bless the Lord.
And you, all plants of the earth, O bless the Lord.
And you, fountains and springs, O bless the Lord.
To him be highest glory and praise for ever.

**And you, rivers and seas, O bless the Lord.
And you, creatures of the sea, O bless the Lord.
And you, every bird in the sky, O bless the Lord.
And you, wild beasts and tame, O bless the Lord.
To him be highest glory and praise for ever.**

And you, children of men, O bless the Lord.
To him be highest glory and praise for ever.

**O Israel, bless the Lord, O bless the Lord.
And you, priests of the Lord, O bless the Lord.
And you, servants of the Lord, O bless the Lord.
To him be highest glory and praise for ever.**

And you, spirits and souls of the just, O bless the Lord.
And you, holy and humble of heart, O bless the Lord.
Ananias, Azarias, Mizael, O bless the Lord.
To him be highest glory and praise for ever.

**Let us praise the Father, the Son and Holy Spirit:
To you be highest glory and praise for ever.
May you be blessed, O Lord, in the heavens:
To you be highest glory and praise for ever.**

Ant 2: Christ our Redeemer, has risen from the tomb: let us sing a hymn to the Lord, our God, alleluia.

The song of joy of the saints

Ps 149

The members of the Church, God's new people, will rejoice in their king, who is Christ (Hesychius)

Ant 3: Alleluia, * the Lord has risen as he promised, alleluia.

Sing a new song to the Lord,
his praise in the assembly of the faithful.
Let Israel rejoice in its Maker,
let Sion's sons exult in their king.
Let them praise his name with dancing
and make music with timbrel and harp.

**For the Lord takes delight in his people.
He crowns the poor with salvation.
Let the faithful rejoice in their glory,
shout for joy and take their rest.
Let the praise of God be on their lips
and a two-edged sword in their hand,**

to deal out vengeance to the nations
and punishment on all the peoples;
to bind their kings in chains
and their nobles in fetters of iron;
to carry out the sentence pre-ordained:
this honour is for all his faithful.

**Glory be to the Father and to the Son
and to the Holy Spirit,**
as it was in the beginning,
is now, and ever shall be,
world without end. Amen.

Ant 3: Alleluia, the Lord has risen as he promised, alleluia.

COLLECT OF THE MASS

Let us pray.

O God, who on this day,
through your Only Begotten Son,
have conquered death
and unlocked for us the path to eternity,
grant, we pray, that we who keep
the solemnity of the Lord's Resurrection
may, through the renewal brought by your Spirit,
rise up in the light of life.
Through our Lord Jesus Christ, your Son,
who lives and reigns with you in the unity of the Holy Spirit,
one God, for ever and ever. **Amen.**

LITURGY OF THE WORD

First Reading

Acts 10:34, 37-43

We have eaten and drunk with him after his resurrection

A reading from the book of Acts.

Peter addressed Cornelius and his household: 'You must have heard about the recent happenings in Judaea; about Jesus of Nazareth and how he began in Galilee, after John had been preaching baptism. God had anointed him with the Holy Spirit and with power, and because God was with him, Jesus went about doing good and curing all who had fallen into the power of the devil. Now I, and those with me, can witness to everything he did throughout the countryside of Judaea and in Jerusalem itself: and also to the fact that they killed him by hanging him on a tree, yet three days afterwards God raised him to life and allowed him to be seen, not by the whole people but only by certain witnesses God had chosen beforehand. Now we are those witnesses – we have eaten and drunk with him after his resurrection from the dead – and he has ordered us to proclaim this to his people and to tell them that God has appointed him to judge everyone, alive or dead. It is to him that all the prophets bear this witness: that all who believe in Jesus will have their sins forgiven through his name.'

The word of the Lord.

℟️ Thanks be to God.

Responsorial Psalm

Ps 117: 1-2,16-17, 22-23

℟️ This day was made by the Lord: we rejoice and are glad.

Give thanks to the Lord for he is good,
for his love has no end.

Let the sons of Israel say:
'His love has no end.' **℟️**

The Lord's right hand has triumphed;
his right hand raised me up.
I shall not die, I shall live
and recount his deeds. **℟️**

The stone which the builders rejected
has become the corner stone.

This is the work of the Lord,
a marvel in our eyes. **℟️**

Second Reading

Col 3:1-4

Look for the things that are in heaven, where Christ is

A reading from the letter of St Paul to the Colossians.

Since you have been brought back to true life with Christ, you must look for the things that are in heaven, where Christ is, sitting at God's right hand. Let your thoughts be on heavenly things, not on the things that are on the earth, because you have died, and now the life you have is hidden with Christ in God. But when Christ is revealed – and he is your life – you too will be revealed in all your glory with him.

The word of the Lord.

℟️ Thanks be to God.

Easter Sequence

Christians, to the Paschal Victim
offer sacrifice and praise.

The sheep are ransomed by the Lamb;
and Christ, the undefiled,
hath sinners to his Father reconciled.

Death with life contended: combat strangely ended!
Life's own Champion, slain, yet lives to reign.

Tell us, Mary: say
what thou didst see upon the way.

The tomb the Living did enclose;
I saw Christ's glory as he rose!

The angels there attesting;
shroud with grave-clothes resting.

Christ, my hope, has risen:
he goes before you into Galilee.

That Christ is truly risen
from the dead we know.
Victorious king, thy mercy show!
Amen. Alleluia.

Gospel Acclamation

1 Cor 5:7-8

Alleluia, alleluia!
Christ, our Passover, has been sacrificed:
let us celebrate the feast then, in the Lord.
Alleluia!

Gospel Reading

John 20:1-9

He must rise from the dead

✠ A reading from the Holy Gospel ✠ according to John.
℟ **Glory to you, O Lord.**

It was very early on the first day of the week and still dark, when Mary of Magdala came to the tomb. She saw that the stone had been moved away from the tomb and came running to Simon Peter and the other disciple, the one Jesus loved. 'They have taken the Lord out of the tomb' she said 'and we don't know where they have put him.'

So Peter set out with the other disciple to go to the tomb. They ran together, but the other disciple, running faster than Peter, reached the tomb first; he bent down and saw the linen cloths lying on the ground, but did not go in. Simon Peter who was following now came up, went right into the tomb, saw the linen cloths on the ground, and also the cloth that had been over his head; this was not with the linen cloths but rolled up in a place by itself. Then the other disciple who had reached the tomb first also went in; he saw and he believed. Till this moment they had failed to understand the teaching of scripture, that he must rise from the dead.

The Gospel of the Lord.

℟ **Praise to you, Lord Jesus Christ.**

Reflection

A time for either silent reflection by oneself, or sharing amongst the household

PRAYER AND SPIRITUAL COMMUNION

Intercessions

In real humility of heart let us pray to God who cares for everyone, saying:

℟ Lord, have mercy on your people.

Defend the church against all danger. ℟

Protect Francis our Pope. ℟

Be the strength of Patrick our Bishop. ℟

Keep our parish united in prayer. ℟

Save your people. ℟

Preserve the world in peace. ℟

Bring light to those who do not believe. ℟

Guide the rulers of all nations. ℟

Come to the aid of the poor. ℟

Comfort the afflicted. ℟

Guide and strengthen healthcare workers. ℟

Bring an end to the coronavirus. ℟

Have mercy on the dead. ℟

We pause to make our own prayers.

We ask Mary to place the whole world under her maternal protection, saying:

**Hail Mary, full of grace,
the Lord is with thee.
Blessed art thou amongst women,
and blessed is the fruit of thy womb, Jesus.
Holy Mary, Mother of God,
pray for us sinners,
now and at the hour of our death. Amen.**

Our Father

Let us pray together in the words Jesus taught us, saying:

**Our Father, who art in heaven,
hallowed be thy name.
Thy kingdom come.
Thy will be done on earth, as it is in heaven.
Give us this day our daily bread,
and forgive us our trespasses,
as we forgive those who trespass against us,
and lead us not into temptation,
but deliver us from evil.**

Spiritual Communion

Spend a few moments in silence, then pray asking Jesus to make his home in your heart:

**My Jesus,
I believe that you are present in the Most Blessed Sacrament.
I love you above all things,
and I desire to receive you into my soul.
Since I cannot at this moment receive you sacramentally,
come at least spiritually into my heart.
I embrace you as if you were already there
and unite myself wholly to you.
Never permit me to be separated from you. Amen.**

THANKSGIVING AND CONCLUSION

The Benedictus

Luke 1:68-79

The Messiah and the one who was sent before him

Ant: Very early on the Sunday morning, * **just after the sun had risen, they came to the tomb, alleluia.**

Blessed be the Lord, ✠ the God of Israel!
He has visited his people and redeemed them.

**He has raised up for us a mighty saviour
in the house of David his servant,
as he promised by the lips of holy men,
those who were his prophets from of old.**

A saviour who would free us from our foes,
from the hands of all who hate us.
So his love for our fathers is fulfilled
and his holy covenant remembered.

**He swore to Abraham our father to grant us,
that free from fear,
and saved from the hands of our foes,
we might serve him in holiness and justice
all the days of our life in his presence.**

As for you, little child,
you shall be called a prophet of God, the Most High.
You shall go ahead of the Lord
to prepare his ways before him,

**To make known to his people their salvation
through forgiveness of all their sins,
the loving-kindness of the heart of our God
who visits us like the dawn from on high.**

He will give light to those in darkness,
those who dwell in the shadow of death,
and guide us into the way of peace.

**Glory be to the Father and to the Son
and to the Holy Spirit,
as it was in the beginning,
is now, and ever shall be,
world without end. Amen.**

Ant: Very early on the Sunday morning, just after the sun had risen, they came to the tomb, alleluia.

Blessing

The Lord bless us, ✠ and keep us from all evil,
and bring us to everlasting life. **Amen.**