Mission Together

Little Way Week Activity





Little Way Week

Little Way Week is an initiative inspired by Saint Thérèse of Lisieux, the Patron Saint of Mission. She gave to the Church a teaching called the 'Little Way'. This is a commitment to do small tasks with love every day.

Story

There once was a little girl called Thérèse who lived in France. She tried to be a good girl - she was kind to her sisters and worked hard at school, but sometimes she found that being good could be difficult. Thérèse made up her mind to try to do a good deed every day. She realised that just because she was little, it didn't mean that her little actions couldn't make a big difference. This was called her 'little way' and this little girl grew up to be Saint Thérèse'. Little Way Week is when we try to follow her example.

Activity

Introduce the children to *Little Way Week* and explain that this week we are going to be thinking about how we can do little good deeds each day.

Ask the children to think of some **examples** of kind little things they can do. This might include making a new friend at school, giving their mum a hug, or picking up after themselves. Encourage them to think also of actions they can take for children overseas. They could say a prayer for children without food or give some of their pocket money to **Mission Together** to help children around the world.

Using the template overleaf, invite the children to think of **one good thing they can do on each day** this week to celebrate *Little Way Week*. Ask them to write their chosen good deed for the day in each of the fingers of the hand. They needn't be long sentences, just some simple little things following the example of Saint Thérèse. Remember, these should be good deeds that will in some way **help others**.

Once they have chosen their five good deeds for the week the children may colour the Mission Together logo at the centre of the palm. This logo represents *children helping children* all around the world through praying and sharing. It is important to remember that children everywhere are our brothers and sisters and we are called to love them. Our little good deeds can help children overseas as well as our friends and neighbours at home.

This week, as we celebrate *Little Way Week*, ask the children to take the time of **think of others** and do little good deeds for them each day, no matter where they are in the world. Use the hand template throughout the week as a reminder of the good deeds the children have promised to do and to consider their brothers and sisters around the world.

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