

Podcast 1: All are invited

Reading

John 6:48–51

A reading from the holy Gospel according to John

Jesus said to the crowd.

I am the bread of life.

Your fathers ate the manna in the desert
and they are dead;

but this is the bread that comes down from heaven,
so that a man may eat it and not die.

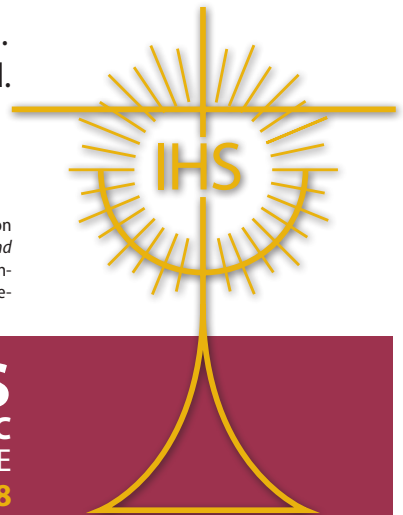
I am the living bread which has come down from heaven.

Anyone who eats this bread will live for ever;
and the bread that I shall give
is my flesh, for the life of the world.'

Prayer

Lord,
may this sacrament of new life
warm our hearts with your love
and make us eager
for the eternal joy of your kingdom.
We ask this through Christ our Lord.
Amen.

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