

# Podcast 7: Seeing Afresh

Psalm 122

## Reading

To you have I lifted up my eyes,  
you who dwell in the heavens:  
my eyes, like the eyes of slaves  
on the hand of their lords.

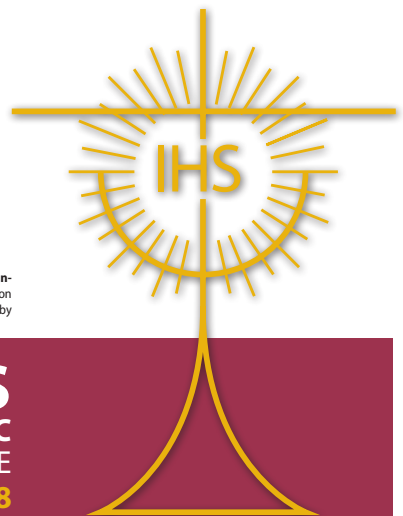
Like the eyes of a servant  
on the hand of her mistress,  
so our eyes are on the Lord our God  
till he show us his mercy.

Have mercy on us, Lord, have mercy.  
We are filled with contempt.  
Indeed all too full is our soul  
with the scorn of the rich,  
(with the proud man's disdain).

## Prayer

Lord our God, in this great sacrament  
we come into the presence of Jesus Christ, your Son,  
born of the Virgin Mary  
and crucified for our salvation.  
May we who declare our faith  
in this fountain of love and mercy  
drink from it the water  
of everlasting life.  
We ask this through Christ our Lord.  
Amen

Acknowledgements Extract from *The Psalms, a new translation* © 1963 The Grail (England) administered by HarperCollins. *Holy Communion and Worship of the Eucharist outside Mass*, English translation © 1974, International Committee on English in the Liturgy, Inc. All Rights Reserved. Material prepared by Liturgy Office. <http://catholicnews.org.uk/adoremus2018>



**ADOREMUS**  
NATIONAL EUCHARISTIC  
CONGRESS & PILGRIMAGE  
LIVERPOOL 7-9 Sept 2018