

Mission Together

Little Way Week Activity



Little Way Week is an initiative inspired by Saint Thérèse of Lisieux, Patron Saint of Mission.

Saint Thérèse gave to the Church a teaching called the 'Little Way'. This is a commitment to do small tasks with love every day. It is a simple way of encouraging everyone to reach out to others with the love of Jesus. This week you are invited to make your own 'Little Way' through seven days of witness and service.

Little Way Week shows us that even the smallest kind actions can make a huge difference.



Activity

Before you start, you may wish to show the Mission Together *Little Way Week* Assembly.

Begin by explaining to the class that we all think of Saints as very good, holy people. We might be surprised to hear that they were also ordinary people, like any one of us.

When St Thérèse of Lisieux was a little girl she would often get into arguments with her sisters. She found it hard to share and didn't like being given chores to do by her parents. Ask the children to give examples of things they might do at home and at school that they are not proud of. Perhaps they don't tidy up after themselves or listen to their parents, or maybe they are sometimes unkind or selfish?

Explain that we all do things we are not proud of. It can be hard to remember to be kind and do the right thing all the time, but the important thing is that we say sorry for the things we do wrong and we try hard to be better.

St Thérèse decided she would do little good things each day to show others kindness and share God's love. Ask the children to think of examples of little things they can do during *Little Way Week* to make a difference to others. Maybe they will choose to smile at others, help those who are sad, give some pocket money to a charity like Mission Together, hold the door open for a teacher or try not to argue with a sibling? Whilst these might be just little acts of kindness, they can make a huge difference to other people.

Invite the children to complete the Activity overleaf by drawing a picture of themselves. On the left of their picture they can write/draw some things they are not proud of doing and on the right some things they will try to do this week to be better.



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When she was a little girl, St Thérèse was often impatient and didn't like sharing toys or doing chores.

We all do things we're not proud of. What is important is that we try our best to do better.

Draw a picture of yourself in the middle of the page below.

On the left-hand side, write or draw some things you do that you are not proud of.

On the right-hand side write or draw some little things you can do to be better and help others. This can be your 'Little Way'.

I'm not proud of...

Me

I can do better...