

King of Hearts

Reflection

This time of prayer will allow the pupils to invite Jesus to be the king of their hearts – the emphasis is on a quiet time of personal reflection. Music will automatically play. It is from the story 'King of Hearts'.

Click once on Slide 10 and music will play

“Let’s begin by making the sign of the cross. + In the name of the Father, and of the Son, and of the Holy Spirit. Amen. +”

“I’d like everybody to close their eyes as this prayer uses our imaginations.”

Pause to ensure silence and that children have closed their eyes. Lead the children in the following prayer:

“God our Father, thank you for giving us your Son, Jesus Christ, to be our King. Thank you for all you have made, especially for making us and everyone else in the world.”

After a short pause, lead the students in the following reflection:

“Now, I want you to picture your own heart and all the precious things within it – your heart that is full of love and has space for special people – family and friends and all sorts of good things. It is beating at the centre of you and keeping you alive right now.

Imagine now that your heart is like a kingdom – it is a kingdom full of wonderful things and your heart needs a king to be a good ruler. You need to choose your king wisely – the best type of king will not make you afraid, jealous or greedy. The best type of king will be kind, forgiving, he will love you just as you are, help you, guide you and be with you.

Imagine now that you see a king knocking at the door of the kingdom of your heart – he is asking if you will invite him in. Take a moment to look at this king – you notice as you look more closely that he is actually Jesus. Jesus is standing at the door of your heart and says to you “Would you like me to be the king of your heart?” (pause). Again, Jesus says to you “would you like me to be the king of your heart?”

Silence to allow children to imagine the scene and reflect on Jesus asking the question.

“Jesus says to you “I love you, I forgive you, I will help you all the days of your life, I am with you, I care for you – would you like me to be the king of your heart?”

Now, I want you, in the silence of your heart, to give an answer to Jesus – choose to tell him whether you will let him be the King of your heart. Let Jesus know whether you will open the door of your heart and let him in to be the King.”

Silence to allow children to respond to the question in their hearts. In the main assembly script, there is a concluding prayer for the assembly.