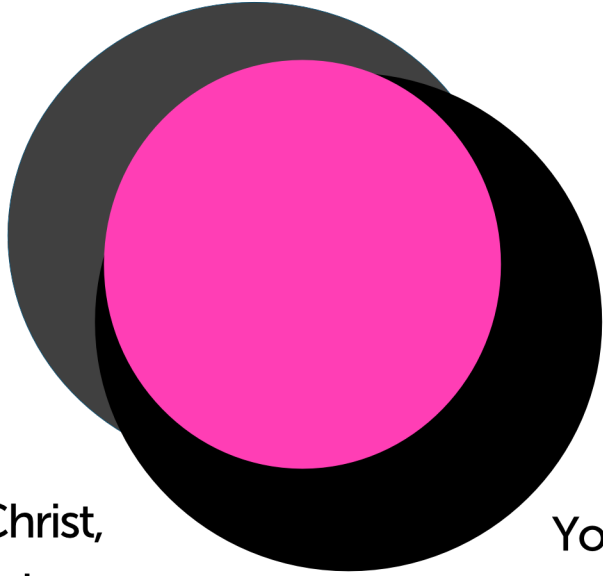


You shall not want.

.....

I am your Shepherd,



I, Christ,
loved you,

You,

.....
and sacrificed myself
for your sake.

palms of my hands.

is written on the

.....

Your name,

.....
are the temple of the
Holy Spirit
who is in you.

in my affection for you.

I am constant

and therefore

with an everlasting love,

.....

I have loved you

I have blessed you,

.....

with all the spiritual blessings
of heaven in Christ;
before the world was made,

.....

I chose you
to be holy and spotless,
and to live through love
in my presence.

Step 4 Read through a passage,
putting your name in the gap and allow
God to reveal how He sees you.

Step 3 Have a pen handy so you can
write your name in the space provided.

Step 2 Ask the Holy Spirit to reveal
what God wants to say to you.

Step 1 Find a moment and a quiet
place to read a quote each day.

We hope this booklet will help you
hear God speak to you.

The bible is filled
with messages from
God that help us
discover how much
He values us.

Getting started



Part 2

My value in Christ

A retreat in your pocket