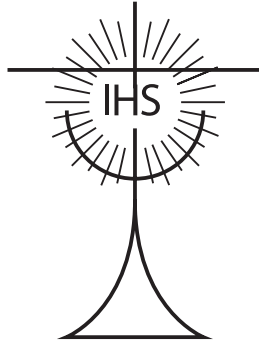


Office of the Most Holy Body and Blood of Christ for Exposition of the Holy Eucharist



INTRODUCTION

During Exposition of the Holy Eucharist one of the options for the period of Adoration is the recitation of part of the Liturgy of the Hours.

This liturgy extends the praise and thanksgiving offered to God in the eucharistic celebration to the several hours of the day; it directs the prayers of the Church to Christ and through him to the Father in the name of the whole world.

[HCWE 66]

This may be either be the appropriate hour of the particular day or be taken from the Office of Most Holy Body and Blood of Christ (*Corpus Christi*). A separate leaflet is available which gives more detail of how the Liturgy of the Hours is integrated into Exposition and what options are available.

PRAYER DURING THE DAY

EXPOSITION OF THE HOLY EUCHARIST

EXPOSITION

The Blessed Sacrament is brought to the altar.

During incensation a suitable song may be sung, in which case the Office Hymn is omitted or the Office Hymn may be sung at this point.

ADORATION

PRAYER DURING THE DAY

INTRODUCTION

O God, come to our aid.

O Lord, make haste to help us.

Glory be to the Father and to the Son

and to the Holy Spirit,

as it was in the beginning is now and ever shall be,

world without end. Amen. Alleluia. (*Alleluia is omitted in Lent.*)

OFFICE HYMN

Panis Angelicus

The following or another hymn is sung.

1. The bread that angels eat
becomes our food on earth,
God sends his manna, living Bread,
from heaven above;
what wonders now we see:
those who are last and least
receive their Lord as food and drink,
his pledge of love.
2. Three persons, yet one God,
be pleased to hear our prayer:
come down in power to seek your own,
dispel our night;
teach us your word of truth;
guide us along your way;
bring us at last to dwell with you
in endless light.

St Thomas Aquinas tr. James Quinn SJ

PSALMODY

Before Noon

ANT: I have desired greatly to eat this Paschal supper with you before I suffer, alleluia.

Midday

ANT: While they were at supper, Jesus took bread into his hands, he blessed it broke it, and gave it to his disciples, alleluia.

Afternoon

ANT: They recognised the Lord Jesus by the breaking of the bread, alleluia.

Psalm 117 (118)

Give thanks to the Lord for he is good,
for his love endures for ever.

Let the sons of Israel say:
“His love endures for ever.”

Let the sons of Aaron say:
“His love endures for ever.”

Let those who fear the Lord say:
“His love endures for ever.”

I called to the Lord in my distress;
he answered and freed me.

The Lord is at my side; I do not fear.
What can man do against me?

The Lord is at my side as my helper:
I shall look down on my foes.

It is better to take refuge in the Lord
than to trust in men:
it is better to take refuge in the Lord
than to trust in princes.

II

The nations all encompassed me;
in the Lord's name I crushed them.
They compassed me, compassed me about;
in the Lord's name I crushed them.
They compassed me about like bees;
they blazed like a fire among thorns.
In the Lord's name I crushed them.

I was thrust down, thrust down and falling
but the Lord was my helper.
The Lord is my strength and my song;
he was my saviour.
There are shouts of joy and victory
in the tents of the just.

The Lord's right hand has triumphed;
his right hand raised me.
The Lord's right hand has triumphed;
I shall not die, I shall live
and recount his deeds.
I was punished, I was punished by the Lord,
but not doomed to die.

III

Open to me the gates of holiness:
I will enter and give thanks.
This is the Lord's own gate
where the just may enter.
I will thank you for you have answered
and you are my saviour.

The stone which the builders rejected
has become the corner stone.
This is the work of the Lord,
a marvel in our eyes.
This day was made by the Lord;
we rejoice and are glad.

O Lord, grant us salvation;
O Lord, grant success.
Blessed in the name of the Lord
is he who comes.
We bless you from the house of the Lord;
the Lord God is our light.

Go forward in procession with branches
even to the altar.
You are my God, I thank you.
My God, I praise you.
Give thanks to the Lord for he is good;
for his love endures for ever.

Glory be to the Father and to the Son
and to the Holy Spirit.
As it was in the beginning, is now and ever shall be,
world without end. Amen.

Before Noon

ANT: I have desired greatly to eat this Paschal supper with you before I
suffer, alleluia.

Midday

ANT: While they were at supper, Jesus took bread into his hands, he
blessed it broke it, and gave it to his disciples, alleluia.

Afternoon

ANT: They recognised the Lord Jesus by the breaking of the bread,
alleluia.

SCRIPTURE READING & RESPONSORY

Before Noon

Wisdom 16:20

And your own people, Lord? Them you foster with the food of angels; bread from heaven you set before them, which no labour of theirs had made ready, every taste uniting that could bring content, of every appetite the welcome choice.

I will go to the altar of God, alleluia.

I will partake of Christ who renews my youth, alleluia.

Midday

Proverbs 9: 1-2

Wisdom has built her house, she has erected her seven pillars, she has slaughtered her beasts, prepared her wine, she has laid her table.

You have fed them with bread from heaven, alleluia.

And that bread contained all goodness, alleluia.

Afternoon

Acts 2: 42, 47

They met constantly to hear the apostles teach, and to share the common life, to break bread and to pray, as they praised God and enjoyed the favour of the whole people.

Stay with us, Lord, alleluia.

It is nearly evening and the day is drawing to a close, alleluia.

BENEDICTION

After the Lord's Prayer benediction follows. A suitable eucharistic song is sung. The Priest or Deacon incenses the Blessed Sacrament, rises and sings or says the following prayer.

O God, who in this wonderful Sacrament
have left us a memorial of your Passion,
grant us, we pray,
so to revere the sacred mysteries of your Body and Blood
that we may always experience in ourselves
the fruits of your redemption.
Who live and reign with God the Father
in the unity of the Holy Spirit,
one God, for ever and ever.
Amen.

He then gives the blessing (benediction)

REPOSITION

The conclusion and dismissal is omitted.

The Blessed Sacrament is placed in the tabernacle. The people sing an acclamation, or other suitable song or instrumental music. The ministers then depart.

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