

N-10

Reading

Galatians 5:16-17, 22-23a, 24-25

Since the Spirit is our life, let us be directed by the Spirit.

A reading from the letter of St Paul to the Galatians.

- ¹⁶ If you are guided by the Spirit
you will be in no danger of yielding to self-indulgence,
¹⁷ since self-indulgence is the opposite of the Spirit,
the Spirit is totally against such a thing,
and it is precisely because the two are so opposed
that you do not always carry out your good intentions.
²² What the Spirit brings is very different:
love, joy, peace, patience, kindness,
goodness, trustfulness, ²³ gentleness and self-control.
²⁴ You cannot belong to Christ Jesus
unless you crucify all self-indulgent passions and desires.
²⁵ Since the Spirit is our life, let us be directed by the Spirit.
- The word of the Lord.