Syllabus for the Formation of Lay Liturgical Ministers

Contents	
Rationale	
Introduction	
Module A: Introduction	
Content	
Nature of Liturgy:	
Responsibilities of a Liturgical Minister	
Specific Liturgical Ministry	
Liturgy and Life.	
Session Plan	
Module B: Understanding Liturgy	
Content	
Presence and Action of Christ	
Role of the assembly	
Sources	
Session Plan	
Module C: Understanding Ministry	
Content	
The Ministry of Christ	
Session Plan	
Module D:Developing the Particular Ministry	
Content	19
Reflection on individual and local practice	.19
Instructions concerning the Ministry/Rite of Commissioning	
Preparation	
Participation	
Spirituality	
Session Plan	• • •
Readers	2.
Commissioned Ministers of Communion	
Ministers of Music	
Altar Servers	
Leaders of Liturgy of the Word with Children	
Leaders of Prayer	
Module E:Understanding and Developing Spirituality	33
Content	
Liturgical Spirituality :	.3:
Liturgical Sources for Prayer and Reflection	
Methods of Individual and Group Prayer	
Session Plan	
	2-

Rationale

- a To provide a common core of formation for those called to exercise lay liturgical ministry
- b To promote the dignity of these ministries
- c To assist priests in the worthy celebration of the liturgy by the local community

Overall outcomes

- a To assist commissioned ministers to fulfil the potential of their ministries
- b The provision of a level of ministerial formation in parishes which will assist communities respond to new needs for differing forms of Church organisation (e.g. clusterings, parishes without resident parish priest.)

Programme Aims

- To assist Dioceses establish internal structures which will enable resourcing of programmes for initial and continuing formation of lay liturgical ministers.
- 2. To develop a process of formation for lay liturgical ministry that combines theological, liturgical and pastoral perspectives.
- 3. To foster a learning environment that engages participants in a balance between academic study and reflection on their own practice.
- 4. To help students to recognise their own formation needs and to help them develop as autonomous learners.

Modules

- A. Introduction
- B. Liturgy
- C. Ministry
- D. Particular Ministry
- E. Spirituality

Introduction

This Syllabus is designed to support dioceses in their work of liturgical formation. It is intended to provide both initial training for lay liturgical ministers in the introductory and encourage ministers to deepen their knowledge and understanding of the liturgy and their role.

The idea that formation for lay ministry is done by different groups of ministers together is not only practical and suggests that they should be offered a common level of formation but it is also a reminder of the collaborative nature of the liturgy itself.

Though the total number of learning hours comes to 75 it is intended that the Introductory module of 15 hours should provide enough formation for a person to begin to minister in the parish liturgy. It is even recognised that for some ministers that amount of formation is enough but it is hoped that others will go on to the further modules. Module A not only provides this initial formation but also offers an introduction to the further four modules. It is suggested that modules B & C on the liturgy and on ministry will provide a necessary foundation to modules D & E.

What is offered in this document is the core of the Syllabus: a summary of the content and an indication of session plans. Further work is being done to provide a range resources to assist both leaders and participants bring the Syllabus to life. The possibility of formal accreditation is also being explored.

This Syllabus is a project of the Formation Subcommittee of the Department for Christian Life and Worship of the Bishops' Conference of England and Wales. The Subcommittee acknowledges the assistance of the network of diocesan liturgy contacts in commenting on the Syllabus and in particular the dioceses of Arundel & Brighton, Hexham and Newcastle and Shrewsbury for running the pilot Modules.

The Department for Christian Life and Worship approved Syllabus in September 2009.

Anyone interested in using the Syllabus should contact the Liturgy Office.

Module A: Introduction

Guided Learning Hours: 15

Of which: Taught = 9

(1 day at 4.5. hours; 3 evenings at 1.5 hours/2 days/6

evenings)

Guided = 6 hours

NFQ Level 2

Summary of Learning Outcomes

To achieve this unit a learner must:

- 1. Explore the nature of liturgy
- 2. Investigate the responsibilities of a liturgical minister
- 3. Develop basic skills applicable to a specific liturgical ministry
- 4. Explore relationship between liturgy and life.

Content

Nature of Liturgy:

- Nature of Liturgy:
 - Sacramental: ritual, signs and symbols
 - Christic and Ecclesial dimensions
- Patterns of Liturgy:
 - Gathering; Word; Action; Mission
 - Time: Day; Week; Year

Responsibilities of a Liturgical Minister

- Relationships:
 - Church diocese, parish
 - Ministerial Team Bishop; Priest; other ministers
- Responsibilities:
 - Authenticity
 - Participation
 - Preparation

Specific Liturgical Ministry

- Preparation:
- Basic Skills:

Liturgy and Life

- The Gospel:
- Faith as believed, celebrated and lived

Grading Criteria

To achieve a pass grade the evidence must show that the learner is able to:

- Identify and describe some of the characteristics of liturgy
- Identify and describe the responsibilities of a liturgical minister
- Identify and describe a process of preparation for liturgical ministry
- Describe some of the ways a parish links liturgy and life

To achieve a merit grade the evidence must show that the learner is able to:

- Identify and describe the typical structure of Catholic liturgy
- Explain the implications of liturgical ministry for collaboration
- Demonstrate skills applicable to specific liturgical ministry
- Explain what is meant by 'source and summit'

To achieve a distinction grade the evidence must show that the learner is able to:

- Analyse elements with a part of the structure.
- Analyse the implications of liturgical ministry for participation.
- · Evaluate effect on participation of liturgical skills
- Analyse implications of the relationship between liturgy and life for liturgical ministers

Ministries

- Reader
- Commissioned Ministers of Holy Communion
- Musician
- Server
- Liturgy of the Word with Children
- Leader of Prayer

Session Plan

	Session Title	Session Aim	Content
1	What is Liturgical Worship?	To help students to recognize the key characteristics of communal worship. (LO1)	 Nature of Liturgy: Christic and Ecclesial dimensions Presences Patterns of Liturgy — Gather, Word, Action, Mission Shape of Eucharist
2	What is Liturgical Ministry?	To help students locate liturgical ministry within the worshipping assembly (LO2)	 Nature of Liturgical Ministry Baptism & Confirmation as foundation Relationships: Church - diocese, parish Ministerial Team - Bishop; Priest; other ministers Question of "worthiness"
3	Praying the liturgy	To help students to reflect on the connections between liturgy and life. (LO4)	 Preparation (before) Lectio Divina Responsibilities: (during) Authenticity Participation Response (after) Individual/Community
4	Particular Ministry in the Liturgical Assembly	To help students recognize and develop the basics skills of their particular ministry (LO1 & 3)	Particular to ministry
5	Particular Ministry in the life of the local Church	To help students recognize and develop the basics skills of their particular ministry (LO2 & 3)	Particular to ministry
6	Ministry & Spirituality	To help students to recognize that authentic ministry is rooted in prayer and is exercised in a particular place (LO3 & 4)	Particular to ministry

Session Plan — Particular ministry Session 4 -6

	Common Basic skills & Vocabulary	Readers	Communion
4: Liturgy 2 Particular Ministry in the Liturgical Assembly [Aim — To help students recognize and develop the basics skills of their particular ministry]	 Liturgical forms & structures in which ministry is exercised (emphasis on Eucharist) Introduction to Liturgical Books & Ordo (proper to Ministry) 	 Communication Skills: proclamation (pitch, pace, volume, breathing), choreography, appropriately conveying meaning Genre: Narrative 	 Description of the different vessels for Mass, etc Distributing Holy Communion at Mass: procedure in case of accidents
5: Ministry 2 Particular Ministry in the life of the local Church [Aim — To help students recognize and develop the basics skills of their particular ministry]	Church Documents relating to Ministry Requirements of Local Church (documentation & CRB) Pace and dynamic	 Applying communication skills to particular readings. Preparation skills: praying, understanding, communicating the meaning of the text Genre: Prophecy & Paul 	 Description of the different vessels for Mass, etc Distributing Holy Communion to sick and housebound
6: Spirituality 2 Ministerial Spirituality [Aim -To help students to recognize that authentic ministry is rooted in prayer and is exercised in a particular place]	 Preparation for Ministry Reflecting & evaluating Reflective discernment with regard to commitment to ministry and identification of personal ongoing needs/ learning 	Genre: Prayer & Psalms Local Geography — When to approach, amplification etc. Questions	 Prayer & Eucharistic Ministry Local Geography — When to approach etc. Use of Tabernacle Questions

	Common Basic skills & Vocabulary	Musician	Server
4: Liturgy 2 Particular Ministry in the Liturgical Assembly [Aim — To help students recognize and develop the basics skills of their particular ministry]	Liturgical forms & structures in which ministry is exercised (emphasis on Eucharist) Introduction to Liturgical Books & Ordo (proper to Ministry)	Working with a piece of music: Start & stopping; Tempo, pulse, time signatures; matching musical performance appropriately to liturgical setting/occasion/action	 Description of the different vestments: priest/deacon/se rver Posture in general How to walk, around the sanctuary and in procession Carrying objects Genuflecting and bowing Posture & Processing
5: Ministry 2 Particular Ministry in the life of the local Church [Aim — To help students recognize and develop the basics skills of their particular ministry]	Church Documents relating to Ministry Requirements of Local Church (documentation & CRB) Pace and dynamic	Communication and Musical skills: teaching music to others (congregation + group) Recognizing potential musical problems and responding to them How to plan, and lead music practice	 Introduction to relevant sections of GIRM Description of the different vessels Setting up Mass
6: Spirituality 2 Ministerial Spirituality [Aim -To help students to recognize that authentic ministry is rooted in prayer and is exercised in a particular place]	Preparation for Ministry Reflecting & evaluating Reflective discernment with regard to commitment to ministry and identification of personal ongoing needs/learning	Choosing music (understanding priorities & suitable to local Church — resources, assembly, space, priest etc.) Questions	 Introduction to Liturgical Books: Missal, Lectionary, Book of the Gospels Server as a person of prayer, not a factotum Importance of being present to what other ministers are doing Prayer through the texts of the Mass Assisting the priest, holding Missal Assisting at the Preparation of Gifts Local Geography

$\mathsf{A}-\mathsf{Introduction}$

	Common Basic skills	LOWC	Leaders of Prayer
4: Liturgy 2 Particular Ministry in the Liturgical Assembly [Aim — To help students recognize and develop the basics skills of their particular ministry]	£ Vocabulary Liturgical forms & structures in which ministry is exercised (emphasis on Eucharist) Introduction to Liturgical Books & Ordo (proper to Ministry)	 Proclaiming Word of God with Children: Scripture Resources; Proclamation Skills; Communication skills with children: respecting different stages of cognitive 	The relationship (theological & structural) between Eucharist and Celebrations in the absence of priest Leading prayer: posture, gesture, voice, movement, body language
5: Ministry 2 Particular Ministry in the life of the local Church [Aim — To help students recognize and develop the basics skills of their particular ministry]	Church Documents relating to Ministry Requirements of Local Church (documentation & CRB) Pace and dynamic	development Helping Children to reflect on Word of God: At basic level what are most appropriate types of activity Safe environment	Preparing & working with the liturgical text. Communication skills: use of voice, structure and proclamation of prayers — particularly the Collect
6: Spirituality 2 Ministerial Spirituality [Aim -To help students to recognize that authentic ministry is rooted in prayer and is exercised in a particular place]	 Preparation for Ministry Reflecting & evaluating Reflective discernment with regard to commitment to ministry and identification of personal ongoing needs/ learning 	 Praying with children: Local Geography: amplification Questions 	 Preparing & leading intercessory prayer. Local geography amplification Questions

Module B: Understanding Liturgy

Guided Learning Hours: 15

Of which: Taught = 9

(1day at 4.5. hours; 3 evenings at 1.5 hours/2 days/6 evenings)

Guided = 6 hours

NFQ Level 2

Summary of Learning Outcomes

To achieve this unit a learner must:

- 1. Explore the Church's teaching on the presence and action of Christ in Christian worship
- 2. Investigate the role of the assembly in Christian liturgy
- 3. Explore the **sources** of the Church's liturgy for preparation and celebration

Content

Presence and Action of Christ

The Paschal Mystery in the divine economy: The Paschal Mystery in the Scriptures; The Paschal Mystery in the teaching of Vatican II; relationship to the life of the believer; the role of Sunday; the Liturgical year.

- Presence of Christ in Assembly: assembly, Word, Sacrament,
 Priest; Christ as primary agent in the Church's liturgy
- The Liturgy as Trinitarian Event: Christ's worship during his earthly ministry; the concept of the worship of heaven; the role of the Spirit in the Liturgy

Role of the assembly

- Fundamental Christian (baptismal) vocation: to live as Christ
- Sacramental identity of the Assembly: Concept of the Church as 'Body of Christ in the New Testament'; concept of the Church as 'body of Christ' in the teaching of Vatican II (Lumen Gentium 7); application of the concept to the liturgical community
- Full active conscious participation: meaning; challenges and opportunities; ministry of and to the assembly

Sources

- The Liturgical Books in general: post Vatican II revision; primary liturgical source
- The following specific liturgical books: Missal, Lectionary, Rite of Christian Initiation of adults, Order of Baptism of Children, Order of Christian Funerals;
- Structure of Ritual books: Elements Fixed and variable. Eg. Ordinary of Mass; Sunday Cycle; Sanctoral

• Other (Secondary) Sources: Resource books and liturgical guides; the Ordo. Assembly Aids: eg. peoples' missals; Mass leaflets; music books. Pastoral effectiveness, strengths, weaknesses.

Grading Criteria

To achieve a pass grade the evidence must show that the learner is able to:

- Identify and describe the modalities of Christ's presence in the liturgy
- Explain what is meant by 'full, active, conscious participation' in the liturgy
- Identify and describe the various liturgical books used in the preparation and celebration of worship.

To achieve a merit grade the evidence must show that the learner is able to:

- Explain how liturgical action can express the different modalities of Christ's presence
- Explain how the participation of the assembly can be fostered or hindered
- Explain the interplay of fixed and variable elements within the liturgical books.

To achieve a distinction grade the evidence must show that the learner is able to:

- Analyse the effectiveness of local practice in expressing the modalities of Christ's presence in the liturgical assembly.
- Evaluate the impact of recent developments in parish and ministerial structures upon the preparation and celebration of the worship of the liturgical assembly.
- Analyse the effectiveness of participants' books in the celebration of the liturgy

Session Plan

	Session Title	Session Aim	Content
1	Liturgy as Action	To enable students to reflect on liturgical symbols	 Explain what a symbol is and does (cf. compare with a literal metaphor) Identify symbols that have a particular meaning for people in the group and reflect on why they work as symbols Identify the difference between a corporate and a personal symbol. Explain what makes a good corporate symbol. Help students to explore the nature of liturgical symbols Establish the link between symbol and symbolic action and place of music
2	Liturgical Participation	To help students to understand the concept of 'full active, conscious participation' in the liturgy. (LO 2 & 3)	 Meaning of the concept Practical challenges and opportunities 'Ite, missa est': The relationship between the Liturgy and the mission of the Christian community
3	The Liturgical Assembly and the Baptismal Priesthood	To help students to recognise that their liturgical vocation and ministry flows form their Baptism (LO 2)	 Concept of the Church as 'Body of Christ' (New Testament; Vatican II) Baptism as incorporation into the Body of Christ Concept of the baptismal priesthood of all believers Relationship between the participation of the ordained and non-ordained in the priesthood of Christ Liturgical Implications: the Christian Assembly Broader implications - to live as Christ

4	The Paschal Mystery: the heart of the Liturgy	To help students to understand the Paschal mystery as the theological nucleus of the liturgy (LO 3	 The Paschal Mystery in the divine economy The paschal Mystery in the scriptures The Paschal Mystery in Vatican II The paschal Mystery in the life of the believer The Paschal Mystery and Sunday - the Liturgical year
5	Christ: present and active in the liturgical assembly	To help students to recognise the various ways in which Christ is present and acts within the liturgy. (LO 2)	 Christ as the primary agent in the Church's liturgy Consideration of the various modalities of the presence of Christ, and their implications in terms of liturgical ministry and celebration: Assembly Word Sacrament Ordained ministry
6	Christian worship and the life of the Trinity	To help students to recognise that Christian worship is rooted in the life of the Trinity (LOs 1 & 2)	 Christ's worship during his earthly ministry: incarnation, prayer, self-offering The concept of the worship of heaven - in eschatological perspective The role of the Spirit - in the divine economy and in worship

Module C: Understanding Ministry

Guided Learning Hours: 15

Of which: Taught = 9

(1day at 4.5. hours; 3 evenings at 1.5 hours/2 days/6 evenings)

Guided = 6 hours

NFQ Level 2

Summary of Learning Outcomes

To achieve this unit a learner must:

- 1. Explore the Church's teaching on the ministry of Christ
- 2. Investigate the role of ministry in the Church today.
- 3. Explore the range of different liturgical ministries

Content

The Ministry of Christ

- The Ministry of Christ in the New Testament: Background: The image of the Servant of God in the Old Testament; Jesus' self understanding in Luke 3; Christ's Public ministry; the Washing of Feet in John's Gospel.
- The Ministry of Christ in the Church Today: Christ's ministry between Ascension and Eschaton; The mission of the Church.
- The Liturgical Ministry of Christ: Christ as High Priest (Sacrosanctum Concilium 7)

Ministry in the Church Today

- The Role of the Holy Spirit: The activity of the Spirit in the Church (Lumen Gentium 4); charismata and liturgical ministry
- Kingdom of Priests: Concept (Lumen Gentium 10); Relationship to the mission of Christ (priest, prophet, king); relationship to the mission of the Church in the world (Evangelii Nuntiandi; Christifideles Laici)
- Ministerial Priesthood & the Ordained Ministry: Historical Overview of Development; Role in the Church of each of the following Bishop, Presbyter, Deacon. Relationship to the universal priesthood.

Liturgical Ministries

- Relationship between Liturgical Ministry and Assembly: Minister is member of the assembly; ministry at the service of the assembly.
- Ordained Ministry in the Liturgy: Bishop; Presbyter; Deacon roles, obligations, qualities and responsibilities
- Other (non-ordained) Ministry in the Liturgy: Formally instituted (Acolyte and Lector); lay commissioned liturgical ministries (eg. Minister of Communion, Server, Reader, Musician; leader of LOWC) for all, roles, obligations, qualities and responsibilities

Grading Criteria

To achieve a pass grade the evidence must show that the learner is able to:

- Identify and describe the ministry of Christ as described in the New Testament
- Identify and describe the mission of the Church in the world
- Identify and describe the different ministries involved in the celebration of the liturgy in the student's own setting

To achieve a merit grade the evidence must show that the learner is able to:

- Explain the ministry of Christ in the Church today
- Explain the development of historical development of ordained ministries
- Explain the ministry of the liturgical assembly

To achieve a distinction grade the evidence must show that the learner is able to:

- Analyse the manner in which current liturgical texts refer to the liturgical ministry of Christ in the Church today.
- Evaluate the relationship between the priesthood of all believers and the ministry of the ordained as expressed in the student's own setting
- Evaluate the core qualities required in liturgical ministers.

Session Plan

	Session Title	Session Aim	Content
1	Ministry in the New Testament	To help students to understand the Church's teaching on the ministry of Christ (LO 1)	 The image of the Servant of God in the Old Testament Jesus' self understanding in Luke 3 Christ's Public ministry the Washing of Feet in John's Gospel The ministry of the First followers of Christ - in the Gospels; in the Pauline letters
2	Ministry in the church today	To help students to understand ministry as the necessary action of the Body of Christ (LO 1 & 2)	 The Liturgical Ministry of Christ: Christ as High Priest (Sacrosanctum Concilium 7) Concept of the Church as Body of Christ - implications for ministry. The Role of the Holy Spirit: The activity of the Spirit in the Church (Lumen Gentium 4); charismata and liturgical ministry Kingdom of Priests: Concept (Lumen Gentium 10); Relationship to the mission of Christ (priest, prophet, king);
3	The Ministry of the Liturgical assembly	To help students to understand the circular relationship between their ministries within the Liturgical Assembly and in the broader world. (LO 2)	 The notion of the Liturgical Assembly - its relationship to theology of the church as Body of Christ (1 Cor) relationship to the mission of the Church in the world (Evangelii Nuntiandi; Christifideles Laici) The Ministerial dimensions of gathering, intercession, and dismissal

4	Liturgical Ministry (1) The Ordained ministry	To help students understand the nature and role of the ordained ministry, and to appreciate the its significance for their own ministry (Los 2 & 3)	 Historical Overview of Development; Role in the Church of each of the following - Bishop, Presbyter, Deacon. Relationship to the universal priesthood. Distinction between 'ordinary' and 'extraordinary' ministries
5	Liturgical Ministry (2) Other ministries	To help students to appreciate the responsibilities of a broad range of lay ministries (LO3)	 Ministry in the Liturgy: Formally instituted (Acolyte and Lector); Lay commissioned liturgical ministries (eg. Minister of Communion) Other ministers - eg. Server, Reader, Musician; leader of LOWC) For all, roles, obligations, and responsibilities
6	Liturgical Ministry in practice	To help students to recognise the fundamentally collaborative nature of liturgical ministry. (Los 2 & 3)	 Understanding the liturgy as involving a network of interdependent ministries. Importance of consultation, consensus and shared preparation - how? Exercising ministry within a responsible community - eg. with regard to procedures for the protection of children and vulnerable adults and health and safety Implications of changing patterns of church life

Module D: Developing the Particular Ministry

Guided Learning Hours: 15

Of which: Taught = 9

(1day at 4.5. hours; 3 evenings at 1.5 hours/2 days/6 evenings)

Guided = 6 hours

NFQ Level 2

Summary of Learning Outcomes

To achieve this unit a learner must:

- 1. Reflect on local practice in the light of relevant Church documents
- 2. Explore what ongoing formation is necessary for the exercise of this ministry
- 3. Recognise the interpersonal dimensions of liturgical ministry
- 4. Explore, acquire and demonstrate a broad range of skills appropriate to the particular ministry

Content

Reflection on individual and local practice

Instructions concerning the Ministry/Rite of Commissioning

- The Ritual Books
- Roman Instructions
- Diocesan/Parish guidelines

Preparation

- Overview
- Specific tasks
- Review

Collaboration

- Range of ministers
- Preparation
- Liturgy
- Broader pastoral context

Participation

- The principal ways in which the congregation receives and participates in the particular aspect of the liturgy
- Interpersonal skills

Spirituality

• Relationship between ministry & Paschal Mystery

Grading Criteria

To achieve a pass grade the evidence must show that the learner is able to:

- Describe their particular ministry and the range of other ministers with whom they properly collaborate in exercising it
- Identify and describe the stages in preparing for exercising ministry
- Explain how the congregation is expected to participate in the part of the liturgy for which the minister shares responsibility.

To achieve a merit grade the evidence must show that the learner is able to:

- Describe the variety of circumstances in which their ministry may be exercised outside of Sunday Mass
- Explain how collaboration between the variety of liturgical ministers can foster or hinder the participation of the assembly
- Explain how active participation in the part of the liturgy for which the minister shares responsibility fosters faithful Christian living.

To achieve a distinction grade the evidence must show that the learner is able to:

- Analyse the effectiveness of current processes of induction and continuing formation for ministers
- Evaluate the impact of recent developments in parish and ministerial structures upon the preparation and celebration of the Liturgy by ministers and assembly
- Analyse the advantages and disadvantages of current opportunities for formation for participants in the liturgy

Ministries for which detailed content will be developed			
Initial Content	Future Ministri	es may include:	
 Ministers of the Word Commissioned Ministers of Holy Communion Musicians: Leaders of Cong. Song Leaders of Liturgy of the Word with children Leaders of Prayer Lead Server 	 Welcomers/Ushers Sacristans Writers of Prayer of the Faithful Servers Environment & Art Preparing participation aids Liturgy Preparation Musicians: Singers & Instrumentalists 	 Leaders of Liturgy with children (especially in schools) Liturgical ministry to the housebound and those in hospitals/carehomes Liturgy with the bereaved Those integrating catechetical processes with liturgical celebration 	

Session Plan — Readers

	Session Title	Session Aim	Content
1	Minister of the Word	To help students to understand the specific nature of the ministry of the Word, within the context of duties and ministries exercised collaboratively in the Liturgy (LO 1 & 3)	 Reflection on own ministry (1st session) The sacred significance of role of the minister of the Word Church Documents: DV, CCC, ILM, GIRM, CTM, DMC, GoS Skills: review spiritual preparation, basic proclamation skills. Develop choreography/physical presence, and technical skills (sound system, acoustics, matching delivery and genre). Identify needs
2	The Scripture Texts	To help students to understand the different types of readings in the bible/lectionary and the challenges in communicating these to others (LO 4)	 Explore breadth of genres: <i>Poetry, prose, narrative, prophecy, theological discourse</i> Identify specific challenges/approaches in communicating these Practical Preparation: an example from each genre to be prepared & presented at this and 3 subsequent session* (Suggest use of individual 'portfolio' of reflections'How would I read this?')
3	The Lectionary	To help students to understand the nature of the lectionary and how it is used (LO 1)	 Use of Scripture in the Liturgy (SC, DV, IL) How the Lectionary has been compiled: temporary canon of Scripture Structure of Lectionary: 3 volumes, Season, Sunday, Feast, and Weekday cycles, and text selection *Practical preparation - group work
4	Structure of the Liturgy of the Word: Proclamation	To help students to understand the modes of proclamation in the Liturgy of the Word (LO 1, 3, 4)	 Liturgy of the Word as Event: Proclamation: Listen, Receive, Collaborative Role of Silence, Role of Music *Practical preparation - group work

D - Particular Ministry

5	Structure of the Liturgy of the Word: Response	To help students understand the response to the Word in the Liturgy, and in life, as individuals and as a community, including structure and nature of the Prayer of the Faithful (LO 4)	 Liturgy of the Word: Response Immediate response in individual Prayer of the Faithful - exercise of priestly function (& how to write and lead PotF). Relationship of Liturgy of the Word to Liturgy of Eucharist Community response in life *Practical preparation - group work
6	Evaluative	To help students to appreciate the need for ongoing reflection and continuing formation in the exercise of this ministry (LO 1, 2, 3)	 How do you continue & sustain ministry (Session 6) how has what you have learnt affected how you exercise ministry?

Session Plan — Commissioned Ministers of Communion

	Session Title	Session Aim	Content
1	Ministry in the	To help students to	Reflection on own ministry
	life of the Church	understand that	(1 st session)
		ministry is about	 Church Documents: CTM,
		what you do, not	GIRM, CCC + scripture
		who you are.	 Historico-theological tour of
		To reflect on	the relevant portions of the
		students' experience	documents: Mysterium fidei
		of Eucharistic	(1965), Eucharisticum
		ministry if already a	mysterium (1967), Fidei
		minister. (LO 1, 4)	custos (1969), Memoriale
			Domini (1969), Sacramentali
			Communione (1970),
			Immensae caritatis (1973) -
			covering modes of presence,
			Communion under both kinds,
			extraordinary ministers,
			Communion in the hand, etc.
			Skills: review basic
2	The literary of	To holo etudonto	Identify needs
2	The Liturgy of	To help students	Notions of Eucharist: as
	the Eucharist in the Mass	recognise the nature	sacrifice, as thanksgiving, as
	LITE Mass	of the Liturgy of the Eucharist and the	communion, as celebration of service, as public worship, as
		relationship of its	sacrament of initiation, as
		component parts to	pointer towards mission
		each other (LO 1)	The fourfold shape: take -
		cacii otilci (LO 1)	bless - break - share
			The entire Eucharistic Prayer
			is consecratory; what is
			transformed is not only the
			elements but also what they
			signify (ourselves), as
			expressed and symbolised in
			the presentation of the gifts;
			sharing in Holy Communion is
			the culmination of the
			Eucharistic action
			 Distributing Holy Communion
			makes present the Body of
			Christ in the assembly in a
			tangible and sacramental way
			• collaboration (LO 3 & 4)
3	Distributing Holy	To enable students	Importance of taking time and
	Communion in	to be recognise	respect for Blessed Sacrament
	the Mass	different pastoral	Communion to those with
		situations and to	disabilities, to children, to
		respond	those with allergies
		appropriately. (LO 3,	Disabled ministers of Holy
		4)	Communion - e.g. in
			wheelchairs

			IntinctionOther pastoral issues that may
4	Holy Communion outside Mass	To develop student's understanding of Holy Communion outside Mass and the appropriate practical approaches to be taken (LO 1 & 4)	 The distribution of Holy Communion and the Worship of the Eucharist outside Mass Celebrations in the absence of a priest: Church documents & diocesan guidance Liturgical Pattern: Word & Communion; Hours & Communion Team ministry on these occasions Minister of Communion fulfils the same function as at Mass - i.e. is not the leader of the service (if the minister is the leader, then does not also act as the Minister of Communion) Differences in procedure if a deacon is present Exposition and reposition of the Blessed Sacrament
5	Communion to the sick and housebound	To develop students understanding of the ministry of Holy Communion to sick and housebound (LO 3, 4)	 Collaborative ministry with priest as part of his overall pastoral ministry exercised in parish Relationship between Communion to sick and the celebration of the Eucharist Using the Rite to different circumstances: house, hospital or residential home Difficulties and accidents Importance of apprenticeship with an experienced minister Those who cannot take solids Communion as viaticum Accompanying the terminally ill CRB disclosures and associated topics
6	Evaluative	To help students to appreciate the need for ongoing reflection and continuing formation in the exercise of this ministry (LO 1, 2, 3)	How do you continue & sustain ministry (LO 2)- 6) How has what you have learnt affected how you exercise ministry

Session Plan — Ministers of Music

	Session Title	Session Aim	Content
1	Music within the liturgy	To enable students to reflect on their experience of music ministry and to understand the musicians' role in the liturgy (LO 1, 2)	 Explore and reflect on own experience of music ministry Identify differences between pastoral music ministry and secular music practice. Identify qualities that a pastoral musician requires Spirituality for music ministers: praying through your ministry. Revise GIRM and SC as important documents for pastoral ministry highlighting key paragraphs Identify needs
2	Understanding the Liturgy	To help students understand the shape of the Mass and music's related function. (LO 1,3, 4)	 Reflect on the recent experiences of Mass Revisit priorities for singing Consider at concept of 'hard' & 'soft' points in the Mass. Identify examples of each moment. Identify moments in the liturgy which invite silence and how musicians and other ministers can create/facilitate this silence.
3	Criteria for making musical choices in the liturgy	To help students consider the criteria for the appropriate selection of music for the liturgy. (LO 3, 4)	 3 judgements: liturgical, pastoral, musical (aesthetic). How these criteria are balanced in individual choices Creating balance and flow across a celebration Consider different musical structures and forms and discuss their appropriateness for different liturgical moments (i.e. Acclamations & Dialogues, Responsorial Psalms, Lord have mercy and Lamb of God litanies, Processionals, Hymns of Glory etc.) The importance of collaboration with other liturgical ministers, in particular the priest celebrant

D - Particular Ministry

4	Musical Skills	To explore and develop basic musical skills proficiency required by a leader of congregational song (LO 4)	 Discuss / practically illustrate (where possible) musical techniques. These may include: dynamics, introductions & endings, arrangements, accompaniment, range & tessitura. Techniques for introducing and teaching music to congregations. Ways of varying and adapting music to fit different liturgical contexts
5	Music through the Liturgical Year	To help the musician to understand the role of music across the Liturgical Year (LO 4)	 Identify how different Seasons and Celebrations call for different musical approaches. Progressive Solemnity Discuss Liturgical music requirements and opportunities for each Season.
6	Evaluative	To help students to appreciate the need for ongoing reflection and continuing formation in the exercise of this ministry (LO 1, 2, 3)	 How do you continue & sustain ministry (LO 2)- 6) How has what you have learnt affected how you exercise ministry

Session Plan — Altar Servers

	Session Title	Session Aim	Content
1	Ministry in the	To help students to	Reflection on own ministry (4st possion)
	life of the Church	understand that ministry is about	(1st session)Church Documents: GIRM,
		what you do, not	CB, RS 43-47, scripture
		who you are.	Identify difficult questions
		To reflect on	Skills: review basic
		students' experience	Identify needs
		of serving if already	identity needs
		a server. (LO 1, 4)	
2	Comportment	To help students	 Posture in general,
	·	recognise that their	standing
		body language has an	 How to walk, around the
		effect on the entire	sanctuary and in procession
		celebration - their	 Position of the head,
		role as members of	where to look
		the assembly.	Carrying objects
		To explore posture	Genuflecting and bowing
		and gesture in	Posture when seated
		greater depth (LO 1, 3, 4)	 Speaking and singing
3	Further	To enable students	Candles: lighting, carrying,
٠,	exploration	to be comfortable	extinguishing
	CAPTOTACION	with various more	Bells
		specialised tasks and	Book-bearing
		equipment, and to	 Thuribles and incensing
		act appropriately.	Washing hands
		(LO 3, 4)	 Mitre, crosier, other
			pastoral issues that may
			arise
4	Other liturgies	To develop student's	 Sacramental celebrations:
	than Mass	understanding of	baptisms, marriage,
		other liturgies they	ordinations
		may be asked to	Miscellaneous: funerals, the Divine Office.
		assist at. Associated	the Divine Office,
		practicalities. (LO 4)	Benediction, exposition • Celebrations in the
		practicatities. (LO 4)	absence of a priest: Church
			documents & diocesan
			guidance
			Team ministry on these
			occasions

D - Particular Ministry

5	Master of Ceremonies	To introduce students to the particular ministry of the MC (LO 2, 3, 4)	 Enabling ministry with priest/deacon: responsibilities and ways of assisting Supervision of other servers Preparation of other servers Behaviour during the celebration itself Lessons from manuals in the past Liturgical choreography
6	Evaluative	To help students to appreciate the need for ongoing reflection and continuing formation in the exercise of this ministry (LO 1, 2, 3)	 How has what you have learnt affected how you exercise ministry? How do you continue and sustain ministry? What help and resources do you need?

Session Plan — Leaders of Liturgy of the Word with Children

	Session title	Session aim	Content
1	Overview of	To explore the	Explore and reflect on own experience
	Celebration of the Liturgy with Children	celebration of the liturgy with Children with particular reference to LOWC (LO 1, 2	 of this ministry Revisit understanding ministry Revisit rationale Revisit basic skills Welcoming the children into the parish liturgy: DMC, EPC & LOWC Identify needs
2	Liturgy of the WORD with Children	To understand the Word of God as living and active (LO1, 4)	 Explore and reflect on own relationship with Scripture and the Liturgy of the Word Familiarisation with Liturgical Year (including Ordos, Calendars, Diocesan Year Books) and Lectionary Experience of time - to child Find and explore readings for the coming Sunday in Lectionary and evaluate how these are adapted in LOWC resources The role of music in LOWC
3	LITURGY of the Word with Children	To apply general principles of liturgy to LOWC (LO 1, 3, 4)	 Explore own experience of memorable liturgy (LOWC?) Revisit general principles of liturgy from Module B How the Liturgy of the Word may be adapted when celebrated with Children Specific nature of liturgy in LOWC referring to Directory on Masses with Children and Bishops' Conference Guidelines Use of ritual, symbol, silence, movement, proclamation, engaging the senses (in children's experience) - relate these to readings explored in Session 2 Relationship with assembly (i.e. dismissal and returning) Relationship with priest
4	Liturgy of the Word WITH (and not 'for') Children	To understand the role of leadership within an LOWC (LO 3, 4)	 Relationship with priest Own experience of human and faith development of children Fowler etc - stages of faith Qualities of a leader of LOWC (nb not catechist) Working with a team Child Protection issues

D - Particular Ministry

5	Planning and evaluating a LOWC	To help students develop the confidence to plan and lead a LOWC (LO 4)	 Drawing together previous sessions Reflection and preparation of Sunday scripture with reference to both the particular assembly and the liturgical year Scenarios of groups of children of varying sizes, ages and needs with different needs - what would you need to bear in mind when planning a liturgy for these different groups? Effective use of time (and how indicated)
6	Evaluate	To help students to appreciate the need for ongoing reflection and continuing formation in the exercise of this ministry (LO 1, 2, 3)	 Evaluation and learning points Using resources and trusting the Spirit How do you continue & sustain ministry How has what you have learnt affected how you exercise ministry

Session Plan — Leaders of Prayer

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	Session title	Session aim	Content
1	Beginnings	To enable students to reflect on their experience of ministry and their specific role in gathering a community of prayer (LO 1, 2)	 Explore and reflect on own experience of this ministry Revisit understanding ministry Revisit rationale Revisit basic skills Explore the elements and purpose of Introductory Rite and the role of the leader Identify needs Variety of forms of prayer: Office, Lectio, Rosary
2	Structure of the Liturgy of the Word: Proclamation Word	To help students to understand the modes of proclamation in the Liturgy of the Word (LO 1, 3, 4)	 Explore and reflect on own relationship with Scripture and the Liturgy of the Word Liturgy of the Word as Event: Proclamation: Listen, Receive, Collaborative Role of Silence, Role of Music
3	Structure of the Liturgy of the Word: Response	To help students understand the response to the Word in the Liturgy, and in life, as individuals and as a community, including structure and nature of the Prayer of the Faithful (LO 4)l	 Liturgy of the Word: Response Immediate response in individual Prayer of the Faithful - exercise of priestly function (& how to write and lead PotF). Relationship of Liturgy of the Word to Liturgy of Eucharist in Mass Community response in life *Practical preparation - group work

D - Particular Ministry

4	Liturgy of Holy Communion	To enable students to recognise and articulate the key differences between the Mass and Celebrations of Word and Communion (LO 1, 3, 4)	 The distribution of Holy Communion and the Worship of the Eucharist outside Mass Celebrations in the absence of a priest: Church documents & diocesan guidance Liturgical Pattern: Word & Communion; Hours & Communion Team ministry on these occasions Minister of Communion fulfils the same function as at Mass - i.e. is not the leader of the service (if the minister is the leader, then does not also act as the Minister of Communion) Differences in procedure if a deacon is present
5	Preparing	To enable students to prepare appropriate liturgies for their given setting (LO 1,4)	 Familiarisation with Liturgical Year (including Ordos, Calendars, Diocesan Year Books) and Lectionary Relationship between Sunday and Weekday Progressive Solemnity Understanding the range of choices and selecting appropriately
6	Evaluative	To help students to appreciate the need for ongoing reflection and continuing formation in the exercise of this ministry (LO 1, 2, 3)	How do you continue & sustain ministry How has what you have learnt affected how you exercise ministry

Module E: Understanding and Developing Spirituality

Guided Learning Hours: 15

Of which: Taught = 9

(1day at 4.5. hours; 3 evenings at 1.5 hours/2 days/6 evenings)

Guided = 6 hours

NFQ Level 2

Summary of Learning Outcomes

To achieve this unit a learner must:

- 1. Explore the Concept of liturgical spirituality
- 2. Investigate the potential for elements drawn from the liturgy to act as Sources for prayer and Reflection.
- 3. Explore different methods of individual and group prayer

Content

Liturgical Spirituality:

- Spirituality: Overview of the concept; Introduction to a range of 'classic' historic spiritualities in the Church (eg. Benedictine; Jesuit; Carmelite); Overview of popular spiritual practices (eg. Devotion to the Sacred Heart; the Rosary; The 'Little Way' of St. Therese); More recent Spiritual practices (eg. Charismatic Renewal; Padre Pio; 'Celtic')
- Spirituality and Liturgy: The historical relationship between liturgy and popular spirituality; Popular devotions and Liturgical celebration tensions and points of contact (e.g. Sanctoral & devotion to Saints); The Liturgical Movement as a renewal of spirituality; the vision of Vatican Two; Liturgy and Spirituality in the Teaching of John Paul II.
- Liturgy in the life of Individuals and Communities: Liturgy as Source and Summit of the entire Christian Life;

Liturgical Sources for Prayer and Reflection

- Ritual and Life: The role of story, symbolic action and ritual in human experience; Relation between the liturgical use of story, symbolic action and ritual and their non-religious usage; Praying with symbols and religious images.
- Scripture and Spirituality: The Bible in the life of the individual Christian; Issues around interpretation and application to life; Use of appropriate secondary resources (Commentaries, scripture notes, etc)
- Mystagogy: The concept of Mystagogy in RCIA; the extension of the principle to broader liturgical experiences; the application of this extension to the life of the individual and of the community; practical means of facilitating liturgical mystagogy at parish level.

Methods of Individual and Group Prayer

- Lectionary-Based Prayer: Different methods of proclamation outside the liturgical assembly; use of music live and recorded; the role of shared reflection; relationship to intercession; issues in preparation and leadership; relationship to the Divine Office
- Prayer Using Liturgical Texts and Symbols: Criteria for selection; relationship to liturgical seasons; use of space; use of silence.
- Practical issues in Group Prayer: Group dynamics; Leadership formation requirements, personal qualities, issues around support and supervision;

Grading Criteria

To achieve a pass grade the evidence must show that the learner is able to:

- Identify and describe a range of spiritual practices in the Church today
- Identify and describe the liturgical sources for individual and communal prayer
- Identify and describe a range of methods of group and individual prayer

To achieve a merit grade the evidence must show that the learner is able to:

- Explain the understanding of liturgical spirituality found in the teaching of Vatican II, John Paul II and Benedict XVI
- Explain the relationship between the liturgical use of story, symbolic action and ritual and their non-religious usage
- Explain the role of mystagogy as a link between formal liturgy and the spiritual life of the individual

To achieve a distinction grade the evidence must show that the learner is able to:

- Analyse the relationship between formal liturgy and other spiritual and devotional practices.
- Analyse the concept of mystagogy as applied to liturgical spirituality.
- Evaluate the pastoral appropriateness of different methods of group prayer in a given setting.

Session Plan

	Session Title	Session Aim	Content
1	Ritual and Life	To help students to reflect upon their own experience of the key components of liturgical spirituality. (LO 1)	 The role of story, symbolic action and ritual in human experience; Relation between the liturgical use of story, symbolic action and ritual and their non-religious usage; Praying with symbols and
	149		religious images Ritual and Life
2	What is 'Spirituality'?	To help students to explore the Concept of spirituality (LO 1)	 Overview of the concept; Introduction to a range of 'classic' historic spiritualities in the Church (eg. Benedictine; Jesuit; Carmelite);
			• Overview of popular spiritual practices (eg. Devotion to the Sacred Heart; the Rosary; The 'Little Way' of St. Therese);
			 More recent Spiritual practices (eg. Charismatic Renewal; Padre Pio; 'Celtic')
			 Popular devotions and Liturgical celebration - tensions and points of contact (e.g. Sanctoral & devotion to Saints);
3	Spirituality and the Liturgy	To help students to understand the specific nature of liturgical spirituality (Los 1	 Key concept: Liturgy as the primary resource for prayer The Liturgical Movement as a renewal of spirituality; the vision of Vatican II
		& 2)	 Liturgy and Spirituality in the Teaching of John Paul II and Benedict XVI
			 Liturgy in the life of Individuals and Communities: Liturgy as Source and Summit of the entire Christian Life

4	Scripture and Spirituality	To help students to understand the role of the Scriptures in spirituality (LOs 2 & 3)	 The Scriptures in the life of the individual Christian Biblical interpretation and application to life Using appropriate secondary resources (Commentaries, scripture notes, etc) Using the Lectionary as a Resource for Prayer: notion of lectio divina Different methods of proclamation outside the liturgical assembly
5	Prayer Using Liturgical Texts and Symbols	To help students to recognise the liturgy as the primary resource in leading others in prayer (LOs 2 & 3)	 The importance of structure, flow and pace. Exploring liturgical symbols use of space Criteria for selection or text and symbol; Relationship to liturgical seasons Use of music - live and recorded; use of silence. the role of shared reflection; relationship to intercession; relationship to the Divine Office
6	Liturgical Mystagogy at parish level	To help students to understand the personal issues involved in leading others in prayer (Los 2 & 3)	 RCIA as a paradigm for liturgical spirituality. The concept of liturgical mystagogy Recognising the needs of different groups (eg. Children, young people, adults) Group dynamics and enabling participation Leadership - formation requirements, personal qualities, Personal preparation - the importance of developing one's own spirituality Recognising the role of support and supervision

Abbreviations & Bibliography

CB Congregation for Divine Worship, Ceremonial of Bishops, 14

September 1984.

CCC Cathechism of the Catholic Church, 2nd edition, 2000

CL Pope John Paul II, Apostolic Exhortation Christifideles Laici,

30 December 1988

CRB Criminal Records Bureau

CIGI Congregation for Divine Worship, Christian Initiation,

General Introduction, 2nd edition typical, 1973

CTM Catholic Bishops' Conference of England and Wales,

Celebrating the Mass, 2005

DD Pope John Paul II, Apostolic Letter Dies Domini (On keeping

the Lord's day holy), 31 May 1998: AAS 90 (1998).

DMC Congregation for Divine Worship, *Directory for Masses with*

Children, 1 November 1973: AAS 66 (1974).

DPNE Pontifical Council for the Promotion of Christian Unity.

Directory for the application of the Principles and Norms of

Ecumenism, 25 March 1993.

DPP Congregation for Divine Worship, Directory on Popular Piety

and the Liturgy: Principles and Guidelines, 17 December

2001

DV Vatican Coucil II, Dogmatic Constitution on Divine

Revelation, Dei Verbum, 18 November 1965

EN Pope Paul VI, Apostolic Exhortation, Evangelii Nuntiandi, 8

December 1975

EPC Congregation for Divine Worship, Eucharistic Prayers for

Masses with Children and for Masses of Reconciliation, 1

November 1974.

EuchMyst Congregation of Rites, Instruction Eucharisticum mysterium,

on the worship of the Eucharist, 25 May 1967: AAS 59 (1967).

FC Congregation for the Disciple of the Sacraments, Instruction,

Fidei custos 30 April 1969

GILH Divine Office, General Instruction of the Liturgy of the

Hours, 11 April 1971.

GIRM Roman Missal, General Instruction of the Roman Missal, 20

April 2000

GNLYC Congregation of Rites, General Norms for the Liturgical Year

and the Calendar, 21 March 1969

GoS Catholic Bishops' Conference of England and Wales, Gift of

Scripture, 2005

GS Vatican Council II, Pastoral Constitution on the Church in the

Modern World Gaudium et Spes, 7 December 1965

HCWE Roman Ritual, Holy Communion and Worship of the Eucharist

outside Mass, 21 June 1973

IC Congregation for the Disciple of the Sacraments, Instruction,

Immensae Caritatis 29 January 1973

ID Sacred Congregation for the Sacraments and Divine Worship,

Instruction Inaestimabile Donum April 3, 1980: AAS 72 (1980)

ILM Roman Missal, Lectionary for Mass, 2nd English edition,

1981, Introduction

LG Vatican Council II, Dogmatic Constitution on the Church

Lumen Gentium, 21 November 1964

LO Learning Outcome

LOWC Liturgy of the Word with Children

LOWC Department for Christian Life and Worship, *Guidelines for*

Liturgy of the Word with Children, 1996

MD Congregation for Divine Worship, Instruction, Memoriale

Abbreviations

Domini 29 May 1969

MQ Pope Paul VI, Motu Proprio, Ministeria Quaedam, 15 August

1972: AAS 64 (1972).

MS Congregation of Rites, Instruction Musicam Sacram, on music

in the liturgy, 5 March 1967: AAS 59 (1967

OBOB Catholic Bishops' Conferences of England and Wales, Ireland,

and Scotland, One Bread, One Body, 1998

PO Vatican Council II, Decree on the Ministry and Life of Priests,

Presbyterorum Ordinis

PS Congregation for Divine Worship, Circular letter, Paschale

Solemnitatis, 16 January 1988

RCIA Roman Ritual, Rite of Christian Initiation of Adults, 2nd

English Edition, 1985

RDCA Roman Pontifical: Rite of the Dedication of a Church and an

Altar, editio typica, 1984.

RM Roman Missal, Roman Missal, editio tertia, 20 April 2000 RO Roman Pontifical, Rites of Ordination of Bishops, Presbyters,

and Deacons, second typical edition, 1993

RS Congregation for Divine Worship, Instruction Redemptionis

Sacramentum, 25 March 2004

SacC Pope Benedict XVI, Apostolic Exhortation, Sacramentum

Caritatis, 22 February 2007

SC Vatican Council II, Constitution on the Liturgy Sacrosanctum

Concilium, 4 December 1963

SCom Congregation for Divine Worship, Instruction, Sacramentali

Communione, 29 June 1970